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Even more fun and inclusive educational activities for children at home

Nantsi eminye imidlalo eyonwabisayo yabantwana ekhaya

- ✓ Decorate your house with paper chains by cutting strips and glueing them together.
- ✓ Hombisa ikhaya lakho ngetsheyini lamaphepha ahonjisiweyo aze adityaniswa.



- ✓ Clap the syllables in the names of the people you know e.g. Ol-we-thu and Bu-ki-we.
- ✓ Qhwaba izandi zamagama abantu obakhumbulayo umzekelo... Ol-we-thu okanye Bu-ki-we njalo-njalo...
- ✓ See if you can grow a plant from a dried bean by putting it in a tissue / cotton wool and giving it water and sunlight for 10 days.
- ✓ Zama ukukhulisa izityalo, ungasongela imbotyi ngephepha okanye iwulu esunguliweyo ulimanzise/ulinkcenkceshele umana ulibeka elangeni iintsuku ezilishumi ukuze ikhule.
- ✓ Count how many of each household items you have.
- ✓ Bala izinto ezingaphakathi endlini.

- ✓ Take 5 breaths in through your nose and out through your mouth, then tighten and relax each part of your body to destress.
- ✓ Phefumlani kahlanu nifake umoya ngeempumlo niwukhuphe ngomlomo, ze niqinise niphinde nithambise amalungu omzimba ukuzama ukuzikhulula kuxinzelelo lwengqondo nomzimba.

- ✓ Dress up and put on a concert for your family and ask them to record you.
- ✓ Nxiba wenze ikonsathi nosapho lwakho kwaye ubacele ukuba bakushicilele.

- ✓ Play "5 stones" (throw a stone up while trying to move others).
- ✓ Dlalani upuca, niqale kumanani aphantsi ninyukele kwaphezulu.



- ✓ Find something red / orange / yellow / green / black / pink etc.
- ✓ Khangela into ebomvu / e-orenji / eluhlaza / emnyama / elubhelu njalo njalo...
- ✓ Play jumping games like hopscotch, skipping rope and jumping jacks.
- ✓ Dlala imidlalo exhumayo efana nogqaphu, unomgcana, nokuxhuma esekileni ezotywe imingqa.

