

## Fun and inclusive educational activities for children and parents during lockdown

### Imidlalo eyonwabisayo yabantwana nabazali ukuyenza ekhaya ngeli xesha loqelelwano

- ✓ Make a ball from a pair of rolled up socks and try to throw it into a pot / to yourself / to a family member.
- ✓ Yenza ibhola ngeekawusi eziqotyweyo zasongwa ujulelane ngazo ujule-ugange okanye ujulelane nomnye umntu.
- ✓ Dance as though you are happy / sad / cross / scared etc.
- ✓ Danisa/Xhentsa ngokungathi wonwabile / uqumbile / ukhathazekile njalo njalo...
- ✓ Move around and make the sounds of lots of different animals.
- ✓ Bonakalisa ukuhamba kweentlobo-ntlobo zezilwanyana nezililo/izikhalo zazo.
- ✓ Use bath time to discuss what your body parts can do.
- ✓ Sebenzisa ixesha lokuhlamba ukufunda ngomzimba wakho. Ungacula ingoma yamalungu omzimba. Ucinge nemisebenzi yelungu ngalinye.
- ✓ Find something red / orange / yellow / green / black / pink etc.
- ✓ Khangela into ebomvu / eorenji / eluhlaza / emnyama / elubhelu njalo njalo...
- ✓ Count how many of each household object you have.
- ✓ Bala izinto ezingaphakathi endlini.
- ✓ Clap the syllables in the names of the people you miss e.g. O-lwe-thu and Bu-ki-we.
- ✓ Qhwaba izandi zamagama abantu obakhumbulayo umzekelo... O-lwe-thu okanye Bu-ki-we njalo-njalo...
- ✓ Draw, colour and name many shapes e.g. circle / triangle / rectangle / square etc.
- ✓ Zoba, iimilo uzifake imibala oyithandayo. Ungazoba iqanda/isangqa, unxanthathu, umbhoxo-buxande okanye isikwere njalo-njalo...
- ✓ Jump while the music plays and sit down / stay still when the music stops.
- ✓ Dlala umculo udanise uxhume ze ume xa umculo uthule.
- ✓ Think of a word that starts with "a" / "b" / "c" etc.
- ✓ Cinga amagama aqala ngoonobumba "a" / "b" / "c" njalo-njalo...

*Please share these ideas with any teachers and parents who might find them helpful. Keep safe during this difficult time.*

*Nceda wabelane ngezi mbono nabo bonke abazali nabafundisi-ntsapho abanokuzisebenzisa. Uzigcine ukhuselekile ngeli xesha lesi sifo linzima.*

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